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UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA

RUTH A. OLIVE,) Case No. CV 01-02520 DDP (RCx)
)
Plaintiff,) **ORDER GRANTING THE PLAINTIFF'S**
) **MOTION DETERMINING THAT THE**
v.) **STANDARD OF REVIEW IS DE NOVO**
)
AMERICAN EXPRESS LONG TERM)
DISABILITY BENEFIT PLAN;) [Motion filed on 12/07/01]
et al.,)
Defendants.)
_____)

This matter comes before the Court on the plaintiff's motion for an order determining that the standard of review in the instant ERISA case is *de novo*. After reviewing and considering the materials submitted by the parties and hearing oral argument, the Court grants the motion.

BACKGROUND

On March 16, 2001, the plaintiff Ruth A. Olive filed a complaint against the defendants American Express Long Term Disability Benefit Plan and Metropolitan Life Insurance Company ("MetLife") (collectively the "defendants"). The action arises under the Employee Retirement Income Security Act of 1974, 29 U.S.C. § 1001 *et seq.* ("ERISA"). The plaintiff alleges (1) benefits due

1 under an ERISA plan pursuant to 29 U.S.C. § 1132(A)(1)(B); and (2)
2 restitution and restoration for breach of fiduciary duty under ERISA
3 pursuant to 29 U.S.C. § 1104(a)(1)(A)(I). (First Am. Compl. at 1.)

4 The plaintiff was employed by American Express Corporation
5 ("American Express"). As an employee, the plaintiff became a
6 participant in American Express's employee welfare benefits plan
7 (the "Plan"). The Plan is administered by MetLife. MetLife is also
8 the insurance company that pays any benefits under the Plan.

9 In December 1998, the plaintiff underwent abdominal surgery.
10 As a result, the plaintiff was away from work due to a disability.

11 On June 28, 1999, MetLife sent the plaintiff a letter informing
12 her that she was enrolled for Long Term Disability coverage and may
13 be eligible for Long Term Disability benefits ("LTD" benefits).
14 (Pl's Mtn. Ex. C.) The letter also explained the procedure for
15 applying for LTD benefits, as well as enclosed the requisite forms.
16 (Id.) In closing, the letter requested that the plaintiff apply for
17 Social Security Disability benefits. (Id.) Subsequently, the
18 plaintiff filled out the LTD benefit forms and submitted the
19 required information. (Id., Ex. D.)

20 On October 18, 1999, MetLife sent the plaintiff a letter
21 denying her claim for LTD benefits stating that "your claim for
22 benefits for Long Term Disability does not meet the definition of
23 disability" under the Plan (the "initial denial letter"). (Pl's
24 Mtn. Ex. E.)

25 On December 7, 1999, the plaintiff requested a review of her
26 disability. (Pl's Mtn. Ex. F.) The plaintiff also provided
27 additional medical reports regarding her disability. (Id.)

28

1 On February 25, 2000, MetLife sent the plaintiff a letter
2 regarding her appeal of the initial denial of LTD benefits (the
3 "denial of appeal" letter). (Pl's Mtn. Ex. H.) The letter
4 indicated that the decision to deny LTD benefits was appropriate and
5 would remain in effect. (Id. at 461.) The letter further indicated
6 that it constituted MetLife's final determination on appeal and
7 completed the full and final review of the denial of benefits for
8 the claim as required by the Plan. (Id.)

9 On April 25, 2000, the plaintiff sent MetLife a letter
10 requesting a reconsideration of the appeal, as well as enclosing
11 additional documents for MetLife's review. (Pl's Mtn. Ex. I.) On
12 May 5, 2000, MetLife informed the plaintiff that the Plan did not
13 allow for a second appeal. (Id.) However, the documents submitted
14 with the plaintiff's April 25 letter were remanded to the
15 plaintiff's case manager. (Id.) On May 16, 2000, the plaintiff's
16 case manager informed the plaintiff that the documents had been
17 reviewed, however, the information did not alter the denial of the
18 claim. (Pl's Mtn. Ex. J.)

19 On February 22, 2001, the plaintiff sent MetLife a letter
20 stating that she had been found disabled by the Social Security
21 Administration. (Pl's Mtn. Ex. J.) On March 7, 2001, MetLife
22 informed the plaintiff that this information did not change the
23 original decision. (Id.)

24 Before the Court is the plaintiff's motion requesting an order
25 determining that the standard of review in the instant ERISA case is
26 *de novo*.

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1 DISCUSSION

2 A. The Standard Of Review For ERISA Benefit Determinations

3 "The standard with which the Court must review the benefits
4 eligibility decision depends upon how much discretion the Plan
5 grants an administrator or fiduciary to determine eligibility for
6 benefits or to construe the terms of the plan." Jordan v. Northrop
7 Grumman Corp. Welfare Benefit Plan, 63 F. Supp. 2d 1145, 1154 (C.D.
8 Cal. 1999) (citing Firestone Tire & Rubber Co. v. Bruch, 489 U.S.
9 101, 115 (1989)). When an ERISA plan vests its administrator with
10 such discretion, as the Plan does in the instant case, the district
11 court ordinarily reviews the administrator's decision for abuse of
12 discretion, rather than performing a de novo review of the record.
13 Id. (citing Lang v. Long-Term Disability Plan of Sponsor Applied
14 Remote Tech., Inc., 125 F.3d 794, 797 (9th Cir. 1997)).

15 Yet even when the plan vests the administrator with discretion,
16 the degree of deference associated with this standard of review may
17 be affected if a plaintiff makes a sufficient showing that the
18 administrator has a conflict of interest. Snow v. Standard Ins.
19 Co., 87 F.3d 327, 330 (9th Cir 1996). As such, the court must
20 inquire whether an apparent conflict of interest exists because of
21 an administrator's dual role as both the funding source and the
22 administrator of the plan. Jordan, 63 F. Supp. 2d at 1154.
23 Standing alone, an apparent conflict does not affect the ultimate
24 standard of review. McDaniel v. The Chevron Corp., 203 F.3d 1099,
25 1108 (9th Cir. 2000). It does, however, require the court to look

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1 further into the plan administrator's dual role by applying the
2 "less deference" test.¹ Id.

3

4 1. The two-step "less deference" test

5 First, the court must determine whether the affected
6 beneficiary has provided material, probative evidence, beyond the
7 mere fact of the apparent conflict, tending to show that the
8 fiduciary's self-interest caused a breach of the administrator's
9 fiduciary obligations to the beneficiary. Regula v. Delta Family-
10 Care Disability Survivorship Plan, 266 F.3d 1130, 1145 (9th Cir.
11 2001). If not, the court applies the traditional abuse of
12 discretion review.

13 However, by providing material, probative evidence of a
14 conflict, the plan beneficiary creates a rebuttable presumption that
15 the plan's decision was in fact a dereliction of its fiduciary
16 responsibilities. Id. The plan then bears the burden of rebutting
17 the presumption by producing evidence to show that the conflict of
18 interest did not affect its decision to deny or terminate benefits.
19 Id. If the plan fails to carry its burden, then the court reviews
20 *de novo* its decision denying benefits. Id.

21

22 B. Conflict Of Interest

23 It is undisputed that MetLife has an apparent conflict of
24 interest because, as the insurance company, it had to pay the

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26 ¹ The "less deference" test is a burden shifting test that is
27 applied by the court when making the determination of whether a
28 conflict is serious. McDaniel, 203 F.3d at 1108 n.6. It is a
two-tiered test, which ultimately can give rise to only a *de novo*
standard of review or a traditional abuse of discretion standard of
review. Id.

1 benefits it awarded as Plan Administrator. See e.g., Jordan, 63 F.
2 Supp. 2d at 1154. The question is whether this apparent conflict of
3 interest affected MetLife's evaluation of the plaintiff's claim.

4 As noted above, the plaintiff bears the initial burden of
5 providing material, probative evidence beyond the apparent conflict
6 that tends to show MetLife's self-interest caused a breach of its
7 fiduciary duties. Here, the plaintiff argues that MetLife's failure
8 to specify the information that was needed to perfect her claim on
9 appeal is material, probative evidence that tends to show MetLife's
10 self-interest caused a breach of its fiduciary duties.

11

12 1. MetLife's Failure To Specify The Information That The
13 Plaintiff Needed To Submit To Perfect Her Claim

14 a. The plaintiff's material, probative evidence
15 of a conflict

16 The plaintiff argues that there are sufficient procedural flaws
17 in the handling of her claim that "tend to show that the fiduciary's
18 self-interest" affected the decision regarding payment of benefits.
19 (Pl's Mtn. at 9.) Specifically, the plaintiff contends that the
20 initial denial letter did not comply with the ERISA regulations
21 mandating that a claimant be told of the information needed to
22 perfect the claim. (Id. at 10.)

23 Under ERISA, adequate notice in writing must be provided to any
24 participant whose benefit claim has been denied. 29 U.S.C.
25 § 1133(1). Specifically, ERISA mandates that every employee benefit
26 plan shall:

27 (1) provide adequate notice in writing to any participant
28 or beneficiary whose claim for benefits under the plan has
been denied, setting forth the specific reasons for such

1 denial, written in a manner calculated to be understood by
2 the participant, and

3 (2) afford a reasonable opportunity to any participant
4 whose claim for benefits has been denied for a full and
5 fair review by the appropriate named fiduciary of the
6 decision denying the claim.

7 29 U.S.C. § 1133.

8 Here, the initial denial letter states that "[w]e have
9 determined that your claim for benefits for Long Term Disability
10 does not meet the definition of disability" under the Plan. (Def's
11 Opp. Ex. 2 at 258.) As a preliminary matter, the letter sets forth
12 the criteria the plaintiff must meet to be considered "totally
13 disabled" under the Plan:

14 You are considered totally disabled and eligible to apply
15 for LTD Benefit Plan benefits if, during the six-month
16 waiting period and the first two years that benefits are
17 payable, you are unable to perform any and every duty of
18 your own occupation due to a medically determined physical
19 or mental impairment caused by sickness, disease, injury
20 or pregnancy. You must require the regular care and
21 attendance of a doctor.

22 (Id.) Next, the letter lists the information used for reviewing the
23 plaintiff's claim, stating "[a]ll available documentation has been
24 carefully reviewed . . . [t]hese records include but are not
25 necessarily limited to the following" information. (Id.) Then, the
26 letter explains why the plaintiff's claim was denied. For example,
27 the letter states:

28 Your medical records indicate that you have had several
surgeries and a serious infection post-operatively. At
this time, Dr. Bury, the surgeon, has discharged you and
will not fill out any paperwork. Your primary care
physician, Dr. Warwar, is not seeing you for any post-op
care. He stated that you're [sic] other medical
conditions, hypertension, hyperlipidemia, and coronary
heart disease are not disabling. You would have been
eligible for Long Term Disability as of July 8, 1999.
Based on this information there does not appear to be any
limitations or restrictions that would have prevented you
from performing your occupation at American Express as of

1 that date. In summary, Ms. Olive, we find the information
2 reviewed does not support a condition of such severity to
3 remove from you the option or choice of returning to your
4 occupation.

4 (Id. at 259.) Finally, the letter concludes by informing the
5 plaintiff of the review process, as well as informing her that she
6 could "submit additional medical or vocational information and any
7 facts, data, questions or comments you deem appropriate for us to
8 give your appeal proper consideration." (Id.)

9 After reviewing the letter, the Court finds that the initial
10 denial letter did not provide adequate notice to the plaintiff
11 regarding the specific medical information needed to perfect her
12 claim. The initial denial letter does not clearly indicate whether
13 the plaintiff's claim is being denied because the claim is
14 procedurally deficient as a result of certain required records being
15 missing, or whether it is substantively deficient because the
16 medical condition is not disabling, or both. In short, the Court
17 finds that where there is only one level of appeal available to a
18 claimant, such as in the instant case, the initial denial letter
19 must be precise, unambiguous, and clearly articulate any procedural
20 or medical reasons for the denial. General statements of
21 ineligibility are insufficient.

22 i. The initial denial letter is ambiguous

23 The initial denial letter is ambiguous regarding what
24 information was reviewed by the Plan Administrator. The letter
25 states, "All available documentation has been carefully reviewed.
26 These records include but are *not necessarily limited to* the
27 following" (Def's Opp. Ex. 2 at 258 (emphasis added).) This
28 language can be interpreted two different ways. First, the Plan

1 Administrator might have received information, which was not
2 disclosed to the plaintiff. Second, the Plan Administrator may
3 merely have believed it unnecessary to list all the information
4 reviewed. If the former is true, the claimant would, in effect, be
5 denied the ability to meaningfully appeal.

6 ii. The initial denial letter does not provide
7 adequate notice to the plaintiff regarding
8 the specific reasons for denial

9 The initial denial letter is not precise regarding what
10 information was needed to perfect the claim. The letter contains
11 four statements as to why the claim was denied.

12 First, the letter states, "Your medical records indicate that
13 you have had several surgeries and a serious infection
14 post-operatively. At this time, Dr. Bury, the surgeon, has
15 discharged you and will not fill out any paperwork." (Def's Opp.
16 Ex. 2 at 259.) Second, the letter states, "Your primary care
17 physician, Dr. Warwar, is not seeing you for any post-op care. He
18 stated that you're [sic] other medical conditions, hypertension,
19 hyperlipidemia, and coronary heart disease are not disabling."
20 (Id.) Third, the letter states, "You would have been eligible for
21 Long Term Disability as of July 8, 1999. Based on this information
22 there does not appear to be any limitations or restrictions that
23 would have prevented you from performing your occupation at American
24 Express as of that date." (Id.) Fourth, the letter concludes, "In
25 summary, Ms. Olive, we find the information reviewed does not
26 support a condition of such severity to remove from you the option
27 or choice of returning to your occupation." (Id.) These statements
28 do not provide the plaintiff with adequate notice of what additional

1 information is needed to perfect her claim. Moreover, the letter
2 does not indicate whether any of these deficiencies were
3 requirements such that the lack of information in one category
4 rendered the plaintiff's claim deficient.

5 Instead of the conclusory statements contained in the initial
6 denial letter, the letter should have given the plaintiff detailed
7 notice of these deficiencies, such as what was given in the final
8 letter denying the appeal. For example, the denial of appeal letter
9 provided: (1) a definition of sedentary work criteria; (2) a
10 detailed critique of Dr. Warwar's office notes; (3) a critique of
11 the Los Robles Medical Center records; (4) a detailed explanation of
12 the difference between subjective and objective reports and/or data;
13 and (5) an explanation of the medical evidence necessary to show
14 evidence of disability. Much of this information should have been
15 included in the initial denial letter.

16 ERISA requires adequate, specific notice of the reasons for the
17 denial. See 29 U.S.C. § 1133(1). Affording a claimant only a
18 single level of review requires a singularly unambiguous and precise
19 notice. To do otherwise may have the consequence of encouraging the
20 practice of providing marginal notice followed by a detailed and
21 precise final letter denying a claim. As far as reasonably
22 possible, the first denial notice must provide a measure of
23 precision that is commensurate with that of any final notice denying
24 a claim.

25 Accordingly, the Court finds that the initial denial letter did
26 not provide the plaintiff with adequate notice pursuant to 29 U.S.C.
27 § 1133(1). As such, the Court finds that the plaintiff has provided
28 material, probative evidence of a conflict such that a rebuttable

1 presumption arises that MetLife's decision was in fact a dereliction
2 of its fiduciary responsibilities. Thus, MetLife has the burden of
3 producing evidence to show that the conflict of interest did not
4 affect its decision to deny or terminate benefits.

5

6 b. MetLife's rebuttal that the conflict of interest did
7 not affect its decision to deny benefits

8 Regarding the initial denial letter, MetLife contends that it
9 met its obligations under ERISA by referring to the medical evidence
10 available, informing the plaintiff of the proper appeals process,
11 and specifically inviting the plaintiff to "submit additional
12 medical or vocational information and any facts, data, questions or
13 comments you deem appropriate for us to give your appeal proper
14 consideration." (Def's Opp. at 9.)

15 In support of its argument MetLife relies on Jordan, 63 F.
16 Supp. 2d 1145, and Madden v. ITT Long Term Disability Plan, 914 F.2d
17 1279 (9th Cir. 1990). However, these cases are distinguishable
18 from the instant case. For example, in Jordan the long term
19 disability plan at issue allowed for two levels of appeal. 63 F.
20 Supp. 2d at 1150-53. Moreover, in response to the plaintiff's first
21 request for appeal, the plan administrator "specifically requested
22 Plaintiff to submit additional medical information which 'supports a
23 condition of total disability.'" Id. at 1152. The plan
24 administrator further instructed that the "additional medical
25 documentation should include all objective findings (lab & x-ray
26 results, physical exam findings, etc), and your restrictions and
27 limitations." Id. Similarly, in Madden the plan provided for three
28 appeals. 914 F.2d 1286.

1 In the instant case, the Plan allows one opportunity for
2 appeal. Furthermore, the Plan Administrator did not instruct the
3 plaintiff that additional medical documentation should include all
4 objective findings, such as lab and x-ray results. Rather, the
5 initial denial letter concluded with a general overview of the
6 appeal process stating that the plaintiff could "submit additional
7 medical or vocational information and any facts, data, questions or
8 comments you deem appropriate for us to give your appeal proper
9 consideration." (Def's Opp. Ex. 2 at 258.)

10 MetLife, however, argues that the plaintiff essentially
11 received a second appeal because the additional evidence submitted
12 by the plaintiff was reviewed by her case manager. The Court finds
13 this argument unconvincing. MetLife has established that the Plan
14 does not provide for a second level of appeal. Furthermore, there
15 is no evidence as to how the information was reviewed or pursuant to
16 what standard. The Court, therefore, finds MetLife unable to rebut
17 the plaintiff's showing that the denial of benefits stemmed from
18 MetLife's self-interest.

19

20 c. Conclusion

21 The present motion addresses the standard of review in the
22 instant ERISA case. The Court finds that MetLife's apparent
23 conflict of interest ripened into an actual conflict that affected
24 its decision to deny the plaintiff LTD benefits.

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CONCLUSION

Based on the foregoing analysis, the Court finds that the *de novo* standard applies to the instant ERISA case.

IT IS SO ORDERED.

Dated: _____

DEAN D. PREGERSON
United States District Judge